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JAMAICAN DOCTOR'S HEART CONDITION CURED IN THE CAYMAN ISLANDS

CAYMAN ISLANDS (July 3, 2018) - Dr. Garth Rattray of Jamaica checked himself into Health City Cayman Islands for one ailment and was overjoyed to learn he needed treatment for a less complicated condition, one which the Health City cardiac specialists dealt with so quickly and efficiently that he is recommending the clinic to everyone.

Dr. Rattray recalled his cardiologist in Jamaica had recommended Health City for an atrial fibrillation-related heart condition. In a conversation with Dr. Ravi Kishore, Chief Interventional Cardiologist and Electrophysiologist at Health City Cayman Islands, he learned his condition was deteriorating.

"I literally dropped everything, and got myself booked to come here," said Dr. Rattray, who was born with cardiac irregularities.

"They manifested themselves as arrhythmia, rapid beats. When you do something, you feel it starting, you have to stop. If you sleep in the wrong position, it starts to threaten you. So, I was almost an invalid. I couldn't do so many things, and I'd been in the ER (Emergency Room) four times in one year," he revealed.

His decision to fly to Health City was based on the advice of his cardiologist in Jamaica who Dr. Rattray noted has attended many conferences and studiously kept abreast of developments in his field. "And for him to tell me: 'This is the best place,' there was no if ... that was it for me," the Jamaican doctor said.

Furthermore, Dr. Rattray himself had done his homework. "I researched before I got here. I actually typed in negative comments about this place. I couldn't find any. I thought to myself, 'Well, I'll find out when I get here.' And, it's very true. It's the staff, they smile at you, they're very efficient and (they make) you feel confident."

Dr. Rattray's confidence was reinforced when Dr. Ravi - as he is fondly referred to - started preparing for an ablation for a type of atrial fibrillation which was quite serious. Dr. Rattray explained: "But, when he went in, in the lab, and did a simulation, he said: 'No, you have this kind.' Best thing I ever

heard in my life!"

The good news for Dr. Rattray was made possible by the extra research done by Dr. Ravi, who said: "Very interestingly he turned out to have not atrial fibrillation, but a condition called AVNRT (Atrioventricular Nodal Reentry Tachycardia) when we did the EP (Electrophysiology) study ... which we could cure with a kind of cryoablation - but not for atrial fibrillation, but for AVNRT."

With the new information, which uncovered a less complicated condition than the serious atrial fibrillation Dr. Rattray was initially diagnosed with, Dr. Ravi was able to go to work.

"We managed to cure it completely using the cryoablation strategy, because with radio frequency ablation there was a chance that there could have been a complication," Dr. Ravi disclosed.

Following his procedure and treatment by the caring staff, Dr. Rattray knows what he will prescribe for patients who ask him for hospital referrals. "I'm just going to say, 'Come to Health City Cayman Islands.' I have no complaints, and I recommend this place to anybody, any time," he said.

About Health City Cayman Islands

Health City Cayman Islands, the vision of renowned heart surgeon and humanitarian, Dr. Devi Shetty, is supported by Narayana Health, one of India's largest health care systems. Health City, only the second hospital in the Caribbean to receive the Joint Commission International's "hospital accreditation", provides compassionate, high-quality, affordable health care services in a world-class, comfortable, patient-centered environment. Offering health care to local, regional and international patients, Health City Cayman Islands delivers excellence in adult and pediatric cardiology, cardiac surgery, cardiac electrophysiology, medical oncology, orthopedics, sports medicine, pediatric endocrinology, gastrointestinal and bariatric surgery, neurology, interventional neurology and neuro-diagnostics, neurosurgery, minimally invasive spine surgery, gynecology, urology, pediatric allergies, colorectal surgery, dental, sleep lab and pulmonology services.

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